



Dear Parent,

Listed below is the timetable for our Baby and Toddler classes. Each lesson runs for 30 minutes. The classes are an enjoyable time for mother, baby and the teacher.

For consistent progress to be made it is best for baby to attend class every week. Where it is not possible to attend at your normal time we offer a “make-up” lesson on another day.

Please phone for an appointment or further information.

	Babies & Toddlers	Ducklings (Advanced Toddlers)
Monday	9.00am 10.10am 11.50am 1.20pm 2.20pm (First Splashes)	10.40am
Tuesday	10.30am 12.00noon 12.30pm 1.20pm 1.50pm (First Splashes)	9.00am
Wednesday	9.00am 10.40am 12.10pm 1.40pm (First Splashes)	10.10am
Thursday	10.30am 11.20am 1.00pm 1.50pm (First Splashes)	9.00am
Friday	10.30am 11.40am 12.10pm 2.00pm (First Splashes)	9.00am
Saturday	8.00am 8.30am 10.30am 11.00am	9.00am
Sunday	8.00am 8.30am 11.30am 12.00noon	9.00am

PRE-START PREPARATION:-

1. We encourage you to visit the Swim School and observe a Baby & Toddler class in action. Please bear in mind that some of the children in the class have been coming to lessons for many months, your child will not be expected to attempt all of the exercises observed.

2. Water familiarization can be started at baby's bath time by gently floating baby on front and back. Also by "trickling" a small amount of water down baby's face with the cue of "ready, go". While baby is in an upright position.